Route Card	To be completed in accordance with Policy, Organisation and Rules. Take a copy with you and leave a copy with a responsible local person - cancel on return		
Date		**Maps Used**	Explorer 294
Objective	District Incident Hike Anti Clockwise	**Magnetic Variation**	

Place or Grid Ref	Magnetic bearing	Distance (km)	Height gained (m)	Description of Route	Walking time	Rest/Meals time	Total time for leg
Start 712 552				Start			
To 708 538				Base 4			
To 713 527				Base 3			
To 717 537				Checkpoint C			
To 730 543				Checkpoint B			
To 728 545				Checkpoint A			
To 738 553				Base 2			
To 720 556				Base 1			
To 712 552				Finish			
Totals							
Add 10 minutes per hour for safety				**estimated total journey time with safety margin**			
Start time		**Dark at**			**Finish time**		

Escape Routes
Walking Pace **Allow ~14min for every 1km forward, plus an additional hour for every 400 m of ascent.** **NB. Add ~10 minutes per hour for a 'rest'**